

The 5 essential ingredients to manage your class

To know like the 5 fingers of your hand

Ring finger

Capture and maintain attention

- Vary learning strategies
- Learning by project
- Be a model
- Mention good news
- Motivating introduction
- Show learning goals
- Link to previous knowledge (shows the student's competence)
- Allow choices (alone or in a team, etc.)
- Have a plan B

Middle finger

Develop positive relationships

- Universal design of learning
- Discussion at the beginning of class
- Climate of respect in the classroom at all times
- Equity and equality
- Hamburger technique
- Be a model
- Self-regulating in difficult situations
- Take time to know the individual interests

Index Finger

Have clear expectations

- Expected behaviors
- Coherence in the rules
- Clear expectations
- Clear objectives
- Positive feedback
- Involve students in the rules
- Class and center values

Little finger

Intervene for indiscipline

- Involve in class rules
- Show rules
- Recall the rules
- Explain the purpose of the rules
- Keep calm
- Validate the needs of the student
- Individual, private meeting

Thumb

Tracking resources

- Test equipment
- Have a plan B
- Welcome students
- Keep control
- Move around the classroom



For more information see *the sub sections* in Nancy Gaudreau's book



Gaudreau, N. (2017). *Gérer efficacement sa classe: les cinq ingrédients essentiels*. Collection intervention. Québec: Presses de l'Université du Québec.



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